

Rutland County Council Adult Social Care Strategy 2024-2028

Our vision for adults in Rutland

Supporting you in the place you call home, where you feel safe, valued and part of your community.

Live your best life, Rutland.

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Message from Councillor Diane Ellison, Portfolio Holder for Adult Care and Health

As the portfolio holder for Adults & Health for Rutland County Council, I would like to introduce our Adult Social Care Strategy.

What makes Rutland unique is its size and the make-up of its population. As the smallest county in the UK with an increasingly older population and many isolated communities, Rutland is wonderfully distinct. Due to our small size, we are able to promote and implement innovative approaches to dealing with issues surrounding Social Care provision. With the entire population similar to a small town elsewhere, one person with moderate social care needs can impact massively on the budget but the social care professionals who support people and provide care have achieved some exceptional results and the following strategy indicates our Adult Social Care ethos of providing a high level of care and kindness.

Adult Social Care supports the community through integration and partnership approaches, aligning together as one joined up service, bringing together a diverse and skilled workforce who provide a responsive, effective personalised service. We are aware of increased national pressures within the social care system to reduce costs but because of our small size this will be difficult, instead we will continue to encourage a multi-disciplinary approach to team working and search for creative solutions. Another aspect of our integrated neighbourhood approach is the RISE service (Rutland Integrated Social Empowerment) who have a multi-disciplinary facilitator who leads on neighbourhood facilitation and coordination, acting as a central point for information relating to health, social care and the voluntary sector via digital platforms which offer information, advice and guidance.

We provide excellent support through our Admiral Nursing Service who support the carers of people living with Dementia. The Carers Team works with individual Carers to support them in their caring role and raise their profile within the community. Our 'Outstanding' in house care provider MiCare offers joined up, personalised care for crisis, hospital discharge and end of life care. Adult Social Care provides a broad range of services including housing and resettlement support, a social work led front door service which responds to safeguarding concerns and new requests for support and the Hospital Discharge Team who prioritise rapid discharge home which frees up hospital beds and improves the flow through the system. For people seeking support Adult Social Care also offer a self-service portal which provides a digital option for those who wish to make referrals online.

Our four priorities encompass our approach to ensuring the dignity of all, and recognises people's right to be safe, supported by a community of networks, feel valued, and respected in a place they call home. Adult Social Care does this by providing a personalised approach which focusses on enhancing well-being.

There is no doubt that difficult decisions will have to be made, especially around budgets and service delivery. The Strategy sets out our priorities for the next four years and will be underpinned by our values of innovation, honesty and kindness and will influence key decisions moving forwards.

Message from Kim Sorsky, Director for Adult Services and Health

In Rutland, we want people to be able to live their best life. We have an ageing population, many living in rural communities with limited transport, who may find it difficult accessing support to remain independent and safe. This strategy focuses on innovation and improvement for all adults with care and support needs, striving for equality and accessibility across our County.

As the Director of Adult Social Care, I recognise the importance of an efficient and caring social care service that empowers people. With this in mind, the strategy has been co-designed to identify 4 key priorities outlining how we aim to create a resilient and responsive social care system that meets the needs of our community, alongside the growing demand for our services.

Our ambition is to develop a high-quality prevention approach underpinned by an accessible digital offer for those able to self-serve, working closely with partners to provide joined up care. However, we acknowledge the importance of seeing and speaking to people and this strategy demonstrates an investment in our workforce, to provide only the best care.

Our pledge

We pledge to listen and collaborate with our community, recognising their equal importance in shaping the future of adult social care. Together, we will work towards creating a balanced relationship, which values the experience of adults who require care and support within Rutland.

Census 2021

Rutland population

- 41,049, up 9.8% since 2011. This is above national average of 6.6%
- Females 19,977
- Males 21,072
- Projected Population 2043, 46,510. This is up 14% since 2021

Older People

Rutland is home to a higher proportion of older population aged 65+ (25.3% compared to 18.4% nationally).

Disability

- Declared Disabled 14.7%
- Not Disabled 85.3%

Ethnicity

- White 94.8%
- Asian 1.54%
- Black 1.34%
- Mixed 1.81%

- Other 0.51%

Carers

Proportion (aged 5+ years) of people providing up to 19 hours of weekly unpaid care 4.5%, down from 7.7% in 2011.

Armed Forces Community

Rutland's population of military veterans is 6.9%. This is among the very highest densities in local authorities across England and Wales.

Adult Social Care

Contacts

We receive on average 2,700 new contacts into the service each year which are managed via our multi-disciplinary front door.

Self-Service

We offer a number of accessible self-service options to support with provision of information, advice and guidance.

Feedback

We actively promote feedback and hold various co-production groups including the Learning Disability Partnership Board.

Safeguarding

We respond, on average to over 400 safeguarding concerns regarding potential abuse and neglect each year.

Social Prescribing

We work closely with the local Primary Care Network to support people as early as possible and prevent crisis.

Housing

Housing Options and Resettlement Team are integrated within Adult Social Care to provide person centred holistic support.

MiCare service

On average we see an 87% success rate in adults regaining independence when being supported by our In-House care provider MiCare.

Self-Directed Support

Approximately 39% of all our community-based support is in the form of a direct payment, so that adults can employ their own carers to provide them with support.

Hospital

We have an integrated hospital discharge team with nurses who support people home from hospital.

Dementia

We are one of the few Local Authorities in the UK who have an admiral nursing team who support people and their carers living with dementia.

Falls

Our falls prevention strategy in care homes has delivered a 53% reduction in safeguarding for falls and a 75% reduction in falls with injury.

Introduction to Rutland

Rutland is a county characterised by several factors: its size and rurality, its unique cultural heritage and diverse communities.

The Adult Social Care Strategy sets out the priorities which will support the specific needs of people living in Rutland. We will be engaging with people who use care and support services to work out how we deliver the priorities and will be co-producing solutions. Having developed the priorities with local people and practitioners within social care, this puts us in a strong position to work together to enable more people to live their best life.

Our Corporate Strategy also sets out Rutland County Council's approach to supporting the most vulnerable groups. The priorities below contribute to the Corporate Strategy commitments to helping people within our community to fulfil their potential and to make the best use of our resources.

We have a slightly higher proportion of men to women within our overall population, and a higher than national life expectancy overall for men and women. Approximately 6% of the population would identify as Black or Asian.

The number of people we support via long term services is set to grow over the next five years by 20%.

Rutland's population is set to increase to approximately 46,510 by 2041, with 9,350 being 65+ and 640 aged 90+. The priorities within the Adult Social Care Strategy take in to account this predicted demand due to an ageing population and the impact this will have on services. The priorities set the foundations for decision making for Adult Social Care within Rutland until 2028. They will act as a guide for prioritising areas for improvement and how we spend money, however also reflect areas in which we already achieve positive outcomes. This has included preventative and integrated approaches which are embedded throughout all that we do and have included initiatives such as falls prevention, early identification of health needs and proactive partnership working with care homes.

Alongside this we continue to meet the needs of all adults who approach Adult Social Care and are eligible for support including those who are moving from Children's Services to Adult Social Care and adults with physical health needs, dementia or with a learning disability and Autism through personalised, strength-based support.

Rutland has a population of approximately 41,000, with 25% of our population 65+, which is higher than the national average.

Rutland Adult Social Care supports 3.78% of the adult population with social care needs, of which the majority (75%) are older people, with many more people paying for their own care.

Our Corporate Strategy 2024-2026

Our Corporate Strategy sets out our wider ambitions and priorities for the next two years (2024-2026).

The Corporate Strategy guides everything we do as a Council. It has been informed by asking residents what is important to them.

The priorities are reviewed every two years to reflect local needs. The strategy has been refreshed for 2024 with four chosen priorities.

All of the four priorities within the refreshed Corporate Strategy are important although particularly relevant for Adult Social Care is:

“Support the most vulnerable - working collaboratively to improve outcomes for residents, helping those that need additional support to live their best lives.”

Our Adult Social Care Strategy will be key in achieving objectives specified within ‘Support the most vulnerable’ as well as other elements woven throughout the Corporate Strategy.

For further information, you can access the Corporate Strategy page at:
www.rutland.gov.uk/council-councillors/our-corporate-strategy

Our Vision

Supporting you in the place you call home, where you feel safe, valued and part of your community. Live your best life in Rutland.

Our four priorities

Safe

Promoting well-being, protection and dignity for adults.

- We will provide a timely response to concerns about the safety of adults at risk of harm and abuse.
- We will optimise the use of our finances to effectively and efficiently support local people.

Community

Shared support networks fostering inclusion, belonging and support for adults.

- We will create opportunities for self-directed support by offering good quality information, advice and guidance which supports people’s wellbeing.

- We will work in partnership with people to recognise their strengths and link them to community networks.
- We will work with key partners including Health and the Voluntary sector to provide an accessible and seamless service.

Valued

Recognising, respecting and appreciating the unique worth and contributions of individuals.

- We will value and invest in our staff, through development and learning to provide people with the best quality service.
- We will continue to listen and engage with our community and learn from their experiences to shape our services now and in the future.
- We will strive to ensure that people are satisfied with the quality of the support and services they receive from us.

Home

Promoting a secure, personalised environment for well-being.

- We will focus on helping people to stay, return or find a home as quickly and safely as possible through effective support.
- We will promote the use of technology and digital innovation providing adults with a variety of support options.
- We will identify and recognise the role of our unpaid carers and their contribution to our community and look to provide personalised solutions to support them in their caring roles.

How will we measure our outcomes?

- Staff surveys and feedback from staff
- Feedback from people who use services
- Feedback from key stakeholders
- Data (local and national reports)
- Budget monitoring
- CQC assessment outcomes

Visit our adult social care portal

Discover support at your fingertips with our adult social care self- service portal.

Click here to access and take charge of your care needs today:

<https://socialcare.rutland.gov.uk/web/portal/pages/home>

Or alternatively call our adult duty team on 01572 758 341

Keep in touch

You can also share your thoughts and views by emailing: letusknow@rutland.gov.uk

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