



AimingHigh

Aiming High Service

Support for children and young people with
Special Educational Needs and Disabilities

Contents

3	What does the Aiming High Service do?
3	What is a short break?
4	What is available in Rutland?
4	Universal Services
5	Aiming High Activities
9	Aiming High Short Breaks Scheme
10	What if I am still struggling?
11	How do I join Aiming High?
11	How do I know what's on?
12	Rutland Information Service
14	The Rutland Family Hub
15	Volunteering in the Rutland Family Hub
17	Young People's Services
19	Rutland Disabled Youth Forum
20	#IncludeMe2:
20	Rutland Parent Carer Voice
21	ADHD Solutions Support Group
22	Sunflowers
22	ASD Support Group
23	Rutland Rotaract Family Support Centre
24	Out of Hours Club Rutland
25	Young Carers Groups
26	SENDIASS
27	Special Olympics Leicestershire and Rutland
28	Using your personal information
29	Jargon Buster
30	Contact details
31	Aiming High Register Application Form

What does the Aiming High Service do?

The Aiming High Service is part of the [Early Help Service](#) which aims to provide advice and support to families as soon as challenges start to emerge. Early Help can be provided at any stage of a child or young person's life. The Aiming High Service is also part of the '[Offer to children and young people with disabilities and their families](#)' which gives an overview of all the support that is available.

The Aiming High Service provides support for children and young people up to the age of 25 who have special educational needs and/or disabilities (SEND). The Service supports families in many ways including providing short breaks, developing support networks, and providing parenting advice and support. The Aiming High Service also works with other local organisations to increase inclusive opportunities in the local area.

What is a short break?

A short break provides an opportunity for children and young people with special educational needs or disabilities (SEND) to spend time away from their main carers, and at the same time, provides parents/carers with a valuable break away from their caring responsibilities. A short break ranges from an hour at an activity to a weekend away. Children and young people are offered enjoyable experiences away from their primary carers to help their personal and social development.

Short breaks can be in the home or in the community. They can be during the day, overnight, after school, during school holidays or at weekends. Short breaks can be provided by different people including voluntary organisations such as a local Cubs Pack, private companies, such as fitness centres, as well as by Rutland County Council as your Local Authority.

What is available in Rutland?

Short breaks in Rutland range from inclusive universal services, such as sports clubs and village youth clubs, to specialist opportunities through the Aiming High Service. This Service supports children and young people with more complex needs who may struggle to go to groups or activities in the local community. These opportunities are designed to meet children's different needs including those with Autistic Spectrum Disorder, complex health care needs, learning difficulties, behaviour which challenges and specialist equipment needs. The Aiming High Service will always try to adapt to meet the needs of all children and young people who would like to be involved.

Universal Services

These are services, activities and places available to all children and young people and include activities run by Services for Young People and the Library Services at Rutland County Council, as well as those that are run by local community groups. Universal services also include those run at sports centres or schools and will be the first choice for many families.

Rutland County Council works with organisations in Rutland to support them to be more inclusive by helping them understand and support the needs of disabled children and young people.

Who can attend?

Children and young people will need to meet any criteria stipulated by the provider, usually just age restrictions.

What can I get?

Unlimited, depending on availability via local providers. There will usually be a cost to attend.

How do I get it?

Details are available on [Rutland Information Service](#) and most are booked directly with the provider.

Aiming High Activities

Some children and young people with special educational needs and disabilities prefer to go to groups and services that are specifically run for them. In Rutland these are called Aiming High activities and include youth clubs, art, dance, sports, music and activity weekends.

The Aiming High Service currently offer a range of activities and groups at a variety of locations across the County.

Who can attend?

Activities are open to any child or young person with special educational needs and/or disabilities who lives in Rutland and has joined the Aiming High Register. Age restrictions are dependent on the group or activity.

What can I get?

Unlimited, although children and young people who have not attended certain activities before may be given priority. Numbers may be limited depending on the activity for safety reasons. There is usually a small cost for these activities.

How do I get it?

Details are available on the [Local Offer](#) and can be booked via Aiming High Team on **01572 758390**, aiminghigh@rutland.gov.uk, or the Aiming High Facebook page.

You can also register online at <https://www.rutland.gov.uk/children-young-people-families/aiming-high-service/sign-aiming-high-register>

Other local voluntary groups such as the Rutland Rotaract Family Support Centre and Sunflowers Group, as well as through the Family Hub, at the children's centre site in Oakham.

The following activities and support currently take place during term time:

Activity	Day	Time/Place	Age range	Contact
ADHD Support Group	Second Wednesday of every month	11.15am-12.30pm The Lord Nelson pub, Oakham	Parents/ Carers	Aiming High Team
ASD Support Group	3rd Tuesday of the month	7-8.30pm The Family Hub/Zoom	Parents/ carers of children and young people	Aiming High Team
Boccia	First Saturday of the month	10am-12pm Greetham Community Centre	8-25	Aiming High Team
Children's and Youth Clubs	Saturday fortnightly	Various Melton Mencap	Under 8, 9-12, 13-18	Melton Mencap
Drumming Lessons	Wednesday	Offices at RRFSC	5-25	Rutland Rotaract Family Support Centre
Dungeons & Dragons	2nd and last Friday of the month	7-9pm Greetham Community Centre and The Family Hub	11-25	Aiming High Team
Gaggle	3rd Tuesday of month	4.45-5.45pm and 5.45-6.45pm at The Family Hub	10-25 Autistic girls	Aiming High Team
Gym Sessions	Sundays	2-3pm Catmose Sports Centre	16+	Aiming High Team
Horse Riding Lessons	Tuesday and Saturday	Afternoon East Norton	8-25	Rutland Rotaract Family Support Centre

Activity	Day	Time/Place	Age range	Contact
Independent Living Skills	Twice per year	6 sessions	13-25	Aiming High Team
Inclusive multisports	2nd and last Friday of month	5.30-6.30pm Greetham Community Centre	11-25	Aiming High Team
Kendrew Khaos	Last Tuesday of the month	5-6.30pm Kendrew Barracks	5-10	Aiming High Team
LGMC (Lego Gaming Mini Chaos)	1st Tuesday of the month	5-6.30pm The Family Hub	5-25	Aiming High Team
Parents' Support Group	3rd Thursday of the month during term time	9.30-11am ROMI Cafe & Kitchen, Oakham Enterprise Park	Parents/Carers	Rutland Rotaract Family Support Centre
Rutland Disabled Youth Forum	First Wednesday of the month	6-8pm The Family Hub	14-25	RDYF
Step To It	Thursday (term time only)	5-6pm Active Rutland Hub	5-25	Aiming High Team
Sunflowers	Monday	10.30am-12.30pm Oakham CofE	Parents, carers and children	Sunflowers
Swimming Lessons	Friday and Saturday	Oakham School/ Oakham CofE	5-25	Rutland Rotaract Family Support Centre
Trampolining	Tuesday	4-6pm Active Rutland Hub	5-25	Aiming High Team
Youth Chaos	Saturday	10am-12pm Greetham Community Centre	11-25	Aiming High Team

These sessions are correct at time of going to print. A small charge is payable for most activities. Please contact the provider to check that the details are still accurate before attending. **BOOKING IS ESSENTIAL. PLEASE CONTACT THE AIMING HIGH TEAM WITH ANY QUERIES.**



In addition to these, there is a changing programme of Aiming High Activities during school holidays. Over the past 12 months, these have included:

- Theatre workshops • Sports sessions • Cooking • Family trips • Music
- Watersports • Activity weekends • Archery • Art sessions • Cycling
- Sensory Sessions • Cinema trips

Please contact the Aiming High Team on **01572 758390**, email **aiminghigh@rutland.gov.uk** or check the Local Offer website for details of short breaks during school holidays. www.rutland.gov.uk/rutland-information-service

Residential opportunities

Aiming High also offer 2 night residential opportunities for children and young people. These are held at the John Lowther Centre in Kettering, Wing Hall in Rutland and Lea Green Centre in Derbyshire, which is a fully accessible venue. These opportunities include a wide variety of activities such as archery, shooting, arts and crafts, basketball, softplay, climbing, exploring as well as the experience of sleeping in dormitories or tents.

Aiming High Short Breaks Scheme

The [Aiming High Short Breaks Scheme](#) provides families with a personal budget in the form of a direct payment. The Short Breaks Scheme aims to meet the individual needs and interests of children and young people who require additional support to either go to, or join in leisure activities.

Who can apply?

There is no assessment to access the Short Breaks Scheme which is available to children and young people who are:

- Aged 5 years to 25 years
- Resident in Rutland
- Not receiving support funded by Rutland Social Care
- In receipt of higher level Disability Living Allowance/Personal Independence Payment (care component)

Or

At a special school funded by Rutland County Council and are in receipt of mid-rate Disability Living Allowance/ Personal Independence Payment (care component)

What can I get?

A Short Breaks Scheme personal budget of up to £1000 per year is available. Many families choose to employ a personal assistant to support their child. Payments are made into a special bank account so children and young people, together with their parents or carers can decide how they want to use the money so they can enjoy their leisure time by choosing what works best for the whole family.

Families have to report to Rutland County Council on how they spend the money and guidance is available on what the Short Breaks Scheme payment can be spent on.

How do I get it?

Once you are satisfied that your child meets the eligibility criteria for the Short Breaks Scheme you will need to submit your application to Rutland County Council by completing the form on the local offer at www.rutland.gov.uk. You will then be sent an agreement for you to sign and return, confirming you accept the conditions and responsibilities.



What if I am still struggling?

Some families may need more support than is available through the Aiming High Service.

Family hubs are a way of joining up services locally by bringing existing family help services together to improve access; connections between families, professionals, services, and providers, and putting relationships at the heart of family help. Family hubs bring together services for families with an effective Start for Life offer at their core. In Rutland, work is underway to create a family hub offer in line with national guidance and the offer will meet the needs of all children and young people 0–19 and their families. Where a child or young person has special educational needs or a disability (SEND), support from the family hub will continue to age 25.

The people working in services which are part of the family hub will work in partnership with you and your family. They will help you find and get help from different services in the area and will be able to give you information, advice and practical support, including access to support groups and learning activities, for example, parenting courses or practical activities including budgeting or help in finding work

Our **Early Help and Social Care service** for disabled children can provide support for children and young people with disabilities and their carers. An Early Help Assessment is designed to highlight your needs as a family and may be the best option for you. You also have a right to have your child's needs assessed by a social worker. The assessment is used with you to gather information about your child and your family, so a decision can be agreed about what help you may need.

How do I join Aiming High?

Families are asked to join the Aiming High Register which is a confidential computer list of children and young people with special educational needs and/or disabilities who live in Rutland. By registering you will be able to join any of the Aiming High activities. Your child does not need to have a diagnosis or an Education, Health and Care Plan but we would expect them to need some additional support in school for their needs. You will be regularly sent Aiming High news and other relevant information. Families are also often asked for feedback which then influence services in the future.

Young people's information remains on the Aiming High Register until they are 25 years old unless requested otherwise. Personal information is never shared or made public.

If you wish to register on the Aiming High Register please contact the Aiming High Team on **01572 758390** or **aiminghigh@rutland.gov.uk** or register on the Local Offer website. You can also register online at <https://www.rutland.gov.uk/children-young-people-families/aiming-high-service/sign-aiming-high-register>

How do I know what's on?

As well as regular communication by email from the Aiming High Service, details of Short Breaks, including Aiming High and local activities, are publicised in a range of places.

- [The Rutland Information Service](#)
- [The Local Offer](#)
- [Facebook – Aiming High](#)
- Communication with school SENCOs, professionals and voluntary organisations
- [Rutland Parent/Carer Voice](#)
- [Rutland Disabled Youth Forum](#)





How can we help you?

Rutland Information Service

The Rutland Information Service (RIS) offers free information and advice to anyone in or around Rutland. We have three main sections on the RIS – Adults, Families, and the SEND Local Offer.

We can provide information on:

Things to do – From libraries to sports clubs and local events, the RIS offers information on things to do in Rutland that are suitable for everyone!

Financial help – Help with childcare costs, benefits information, as well as debt and money management.

Health and wellbeing – Information on local health services, and advice for your personal wellbeing; physically, mentally and emotionally.

Early Education & Childcare – Help finding the right childcare for you and your child, including information on tax-free childcare.

Local Offer – Advice about support available for children with SEND, who to contact and how to help prepare your child for adulthood.

Employment and education – The RIS offers help getting online, volunteering opportunities and help looking for work.

Aging Well - Continuing to live life to the fullest.



www.rutland.gov.uk/rutland-information-service





The Rutland Family Hub

The family hub is a network of welcoming spaces and services where all children and families matter; where families can feel safe, healthy and happy. All children are supported to reach their potential and families can receive the support they need.

We provide an inclusive environment where kindness and respect is demonstrated to and by everyone. At the Family Hub all children and adults are listened to and valued irrespective of race, religion, culture, gender, ability or age. We provide high quality, effective early identification and intervention for children who need additional support including those with special educational needs.

The first family hub site is located in the heart of Oakham, next to the library. Other permanent sites are being developed to ensure easy access for families to support and services across the county. There are also outreach sites which offer weekly sessions and these currently take place at Kendrew Barracks, Cottesmore and St Georges Barracks, Edith Weston. More outreach sites are also being developed. To see what is available, please look at our current timetable or contact the Family Hub in Oakham for more information.

The Family Hub offers inclusive activities, support groups and sessions to help parents, families, carers, grandparents, child minders and all children aged between 0-5 years. We support all families in order for their children to achieve their full potential by providing opportunities for children to learn through play.

We also offer holiday sessions for children 5-11 years and targeted sessions to support children with additional needs.

All the services the centre provides are free. We work closely with health professionals, nurseries, and other agencies and services to provide a wide range of support.



We work in partnership with Health Services who facilitate our:

- Health Visitor and speech and language clinics (all pre booked with appropriate service).
- 2-year-old review.
- Let's get talking.
- Breastfeeding Peer Supporter training.
- Providing one to one bespoke sessions for children who need an educational boost pre nursery, accessed through professional referral.
- Providing a space to place weekly session for children who need gradual introduction to the children's centre

We support children with additional needs by:

- Providing inclusive sessions which are designed to meet a variety of different needs and development stages.
- Our building is accessible for all and designed to incorporate quiet, busy and active spaces including a large enclosed garden.
- Providing a safe space accessible to all. We also offer a variety of different resources and activities that meet the needs of every child. This includes sensory equipment and adjustable lighting here at the centre.
- Signposting and supporting families to get the best possible care and help.
- Providing targeted sessions for children with additional needs outside of term time.

Volunteering in the Rutland Family Hub

The Rutland Family Hub is looking to recruit a team of parent volunteers to enrich our services and further support the families we work with. We are looking to recruit volunteers into Group Supporter and Parent Champion roles. For more information about these roles please call **01572 758383**.

Some of our sessions and courses are listed below:

Mini Explorers:

For parents and carers to come along with babies aged 0 to crawling. Enjoy a wide range of free activities and ideas for things to do at home. Please contact visions@rutland.gov.uk to reserve your place.

Grow Together:

For parents and carers to come along with children aged 0-5. Enjoy a wide range of free activities and ideas for things to do at home. Please see website for details and venues.

SEND Stay and Play sessions:

Please see website for dates.

Rhyme & Story Times:

Rutland Library Service runs regular activities for preschool children, all welcome, no booking. Term time only.

Space To Play :

A weekly session for children 0-5 years who might find normal sessions too busy, too bright or overwhelming in other ways. (Invitation only) If you would like more information please contact 01572 758383.

“Bump to Babies” Ante-natal Sessions:

A rolling four week programme of antenatal classes. Contact 01572 758383 to reserve your place.

Let’s Get Talking:

Speech, language and communication course for children aged 2+ years. (by invitation only)

The Social Baby:

Meet other new first-time parents at the 5 x weekly informative sessions and make new friends.

Parent & Child Yoga:

See website for course dates.

Toddle Talk – Baby and Toddler signing courses:

See website for course dates.

Transition Sessions:

your child starting school? This is the session for you! Please see our website for details of sessions.

Young Parents:

Whether you are a pregnant young adult or already parenting, join our friendly group and meet other young parents.

Online home learning:

Follow our facebook page for top tips, activities, videos and updates on interactive online sessions.

For more information
on any of our
services/activities:

Call: 01572 758383

Or just pop in to the Family Hub and
pick up a programme!

LIKE US ON FACEBOOK



Young People's Services

Young People's Services Team

The Rutland Young People's Services Team offers a range of services and activities to young people living in Rutland or attending a Rutland school. Here are details of just some of them:

Youth Clubs and Projects

All clubs are inclusive for young people aged 11-19 years unless stated.

Thursday Weekly Youth Groups:

School Years 7-9 4:00pm - 6:00pm

School Years 10-12 6:30pm - 8:30pm

Takes place at Oakham Baptist Church, Melton Road, Oakham.
Please call to check dates and times.

Rutland LGBTQ+ Group

Once a month on a Wednesday evening

Rutland's LGBTQ+ youth group is for young people aged 13-18 years old offering a safe space for young people to feel comfortable in themselves. Please contact Steph on **07500 051016** to find out more.

Rutland Youth Council:

Twice a month on a Wednesday evening

The Rutland Youth Council for young people aged 11-18 is made up of elected local young people who work together to achieve their 'vision' which is:

'To support young people to feel empowered to have a voice and influence in their local and national communities'.

They do this by working with Rutland County Council to influence their youth involvement, campaigning about local and national issues and representing their peer's views in consultations. Meetings are held monthly and include an annual celebration event.

Mentoring Support

Young people aged 12-18

This is one to one support for young people who need a trusted adult to talk to. This could be about help with issues such as being bullied, family relationships, low confidence and self-esteem etc. Referrals can be made through school or by young people can self-refer. Call **01572 758493** for more information.

IAPT Support

Young people aged 11-18

This one to one support following an initial assessment, and is offered to young people struggling with low-level anxiety and mental health issues. Young people will be offered 6 – 8 weeks of support to help them overcome their difficulties. Referrals can be made through school, your GP or anyone else who is supporting you. Call 01572 758493 for more information.

Youth Education and Careers Service

The Service offers one to one careers advice and guidance to young people in Rutland, aged 16-18 who are not in education, employment or training. Additional support is offered to young people in Years 9 and 11 with a current EHCP. For those young people attending a mainstream school you will be offered a 1:1 careers meeting to discuss your future aspirations and help you to start to prepare for moving on from school. For young people in specialist schools this will be provided by your school.

Teen Health 11-19 Service Rutland

Teen Health 11-19 Service Rutland works with young people to improve their emotional health and physical wellbeing through early intervention public health programmes. Based within schools and the community, the programme supports children and young people to grow up to be healthy, stay safe and be able to achieve their potential.

For further
information on any of the
services listed above please
contact Young Peoples'
Services on
01572 758301
or email:
ypservices@rutland.gov.uk

Rutland Disabled Youth Forum

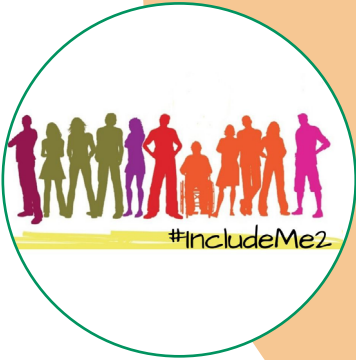
We are a group of young people aged 13-25 with a variety of disabilities. We make sure our voices are heard about the services, facilities and accessibility in and around Rutland by feeding back to the relevant organisation.

We meet on the first Wednesday of each month, 6-8pm at the Family Hub, unless it is half-term/holiday then we will meet somewhere different. Meetings are usually FREE, and there is a different topic each month. Support from volunteers and refreshments are provided, usually PIZZA! There is no need to book but please let us know via email if you're interested in joining our group! :-)

Email:
rutlanddyf@hotmail.com
Facebook:
Rutland Disabled Youth Forum
Twitter:
[@RutlandDYF](https://twitter.com/RutlandDYF)
Instagram:
[@rutlanddyf_2015](https://www.instagram.com/rutlanddyf_2015)



#IncludeMe2:



Our campaign is #IncludeMe2! We felt that businesses and the community are aware of disabilities but not always accepting of them and do not always have a good understanding of the barriers we face. We would like to change people's perspective and make services more inclusive by offering the community and local companies 'Disability Acceptance Training'. This is something we've practiced with RCC staff and have had a lot of positive feedback. We now plan to offer this out into the wider community.

Rutland Parent Carer Voice

RPCV are a friendly group of parent carers of children with special education needs and disabilities from Rutland. The aim is to give families in Rutland a voice in influencing local developments that affect their children.

RPVC are the official voice representing all of Rutland's parent carers and work with Rutland County Council as well as health and other organisations to ensure that their services meet the needs of our disabled children and their families. They work to identify problems that are frequently experienced by families and use this information to influence change and improvement in service provision.



Email:
rutlandpcv@gmail.com
Facebook:
www.facebook.com/rutlandpcv

ADHD Solutions Support Group

The Aiming High Service works with ADHD Solutions who specialise in providing support and advice to families who have a child with ADHD (Attention Deficit Hyperactivity Disorder).

The support group is for any family with a child or young person with suspected or diagnosed ADHD. The group offers information and advice from an ADHD specialist coach as well as pre booked 1:1 sessions to discuss individual challenges privately.

The group offers a chance to share idea with others who understand the challenges you face and to make use of other support that ADHD Solutions have at their Leicester base.

ADHD Solutions also run various information sessions throughout the year providing behaviour, diet and sleep advice.

The monthly support group is held on the second Wednesday of every month, 11.15am-12.30pm upstairs at the Lord Nelson, The Market Place, Oakham, LE15 6DT

www.adhdsolutions.org



Sunflowers

Sunflowers is a self-funding, weekly support group for parents and carers who have a child with additional needs. The group is primarily a chance for parents and carers to meet, make new friends, support each other, and have the opportunity to ask for advice.

The children come with their parents/carers to enjoy a varied session consisting of playtime, singing, story and swimming with extra help available in a safe and understanding environment.

The group runs on a Monday morning 10.30am-12.30pm during school term time at Oakham C of E Primary School, Burley Road, Oakham LE15 6GY.

If anyone wants to know more about Sunflowers, whether it is because you want to attend yourself with your child, know someone who would benefit from coming, or would like to volunteer or help us with a donation, please get in touch with Sarah Vendyback by email at info.sunflowersoakham@gmail.com



ASD Support Group

Aiming High coordinates a support group for parents/carers of children and young people with any form of diagnosed or suspected autism. The group offers support, information and advice to help families understand and manage the behaviours associated with autism. The group also offers an opportunity to meet and share challenges with other families in similar situations.

Families can also borrow appropriate books, toys and equipment from the resource library available through the group.

The groups take place on the third Tuesday of every month, 7.00pm - 8.30pm at the Family Hub or on Zoom



Rutland Rotaract
Family Support Centre



The Queen's Award
for Voluntary Service

Rutland Rotaract Family Support Centre

The Rutland Rotaract Family Support Centre (known as The Family Centre) is a charitable organisation run by volunteers with the aim of providing social, recreational, educational and therapeutic support to children and young people (0- 25) with special educational needs (SEN) or disabilities, and their families.

The Family Centre organises regular weekly swimming and horse riding lessons for children and young people with SEND who would not normally be able to access a mainstream session due to their additional needs. We also support parents and carers through regular drop-in sessions, social opportunities, days out and regular Stay and Play sessions during Rutland school holidays.

For further
details of RRFSC
activities, please visit:-

Website
www.rrfsc.org.uk

Facebook: RRFSCRUTLAND

Email:
jessica@rrfsc.org.uk





**OUT OF HOURS CLUB
RUTLAND**

Out of Hours Club Rutland

Out of Hours Club is a group of young adults with additional needs who meet together to go out independently with the support of age appropriate leaders. The members and leaders go on outings to the cinema, theatre, bowling and day trips as well as meeting twice a month for a meal, drinks, to play games and to socialise.

OHCR was formed in 2015 and members of the group have become good friends which has helped them to feel less isolated. In addition this OHCR provides a welcome break for parents and carers.

For more information
please contact us via the
details below:

Email: ohcrutland@gmail.com

Twitter: twitter.com/OHCRutland

Facebook:
www.facebook.com/OHCRutland

Website:
outofhoursclubrutland.co.uk

Young Carers Groups



There are 3 groups for [young carers](#) in Rutland:

Little Stars (ages 5-7)

Young Stars (ages 8-12)

TOFU (ages 11-19)

These groups support siblings of children who have special educational needs or disabilities, young carers and birth children of foster carers. The groups provide opportunities to share experiences and support each other as well as simply having their own time. The groups run once a month, and always includes an activity of the group's choice.

Little Stars and Young Stars meet 5.00pm – 7.00pm at the Family Hub, Oakham on the second Wednesday of the month.

TOFU meet once a month, usually at the Family Hub and this can be either the last Wednesday or Sunday of the month.



“ I love the group because of the amazing staff and the effort they put into every evening. There's so much stuff we do, and it makes me look forward to every month ”

SENDIASS



Special Educational Needs and
Disability Information Advice and
Support Service Rutland Offers

free, confidential and impartial information, advice and support to;

- Parents and carers of young people aged 0-25 with special educational needs or disabilities (SEND) who are concerned about their child/young person's educational progress
- Children and young people aged 0-25 with SEND who are concerned about the educational progress they are making or the support they are receiving

SENDIASS Rutland can offer advice and information on key issues such as:

- School support and special educational provision
- Education, Health and Care Needs Assessments and Plans
- Local policy, practice and the Local Offer
- Social care and health in relation to a young person's SEND

SENDIASS can also provide practical support with tasks such as:

- Helping you to understand complex documents and reports
- Listening to your views and concerns and supporting you to clarify your thoughts
- Supporting you to complete paperwork

Contact details:

Tel: 07977 015 674

Email:

info@sendiassrutland.org.uk
www.sendiassleicester.org.uk/
sendiass-rutland

Website:

www.sendiassrutland.org.uk



Special Olympics Leicestershire and Rutland

We are all aware of the benefits that sport has both physically and mentally but our sessions offer so much more. We offer all year round sports training and competition for adults and children with learning disabilities. We offer a safe environment where our athletes can play the sport they love free from ridicule, bullying and without judgement where they can be themselves. It gives them the opportunity to develop social skills and make friends with people they wouldn't necessarily have ever met. We give them the opportunity to represent not only the club but the County, the Region and potentially the Country, and to travel to new places and experience new things they wouldn't normally get a chance to see.

Our training builds confidence and self esteem and pride in what they can achieve. But on top of all of this we put smiles on faces and to transform lives through sport.

In Rutland we have a thriving Boccia session every week at Greetham Community Centre at 6-7:30pm. Contact Amanda Mathers on rutlandtrampolineclub@gmail.com for more details

Special Olympics
Leicestershire
and Rutland

Main contact
Gary Arthur

Email:
garth40@me.com

***Special
Olympics***



Using your personal information

In order to comply with the Data Protection Act and the General Data Protection Regulation (GDPR), which came into effect in May 2018, we have to provide you with information about the personal data you give to us.

This information is set out below:

Rutland County Council is the data controller for the personal information you may provide. You can contact us by phone on **01572 722577**, via email to **dataprotection@rutland.gov.uk** or by writing to us at Data Protection Office, Catmose House, Oakham, Rutland LE15 6HP.

Your information will be used so that we can provide you relevant information.

Your personal data may be shared with other teams within the council in order to provide a service to you, to ensure our records are kept up to date or otherwise where we are required to do so under other legislation. We may share the data with third parties if we are required by law to do so, this may include the Police or Government Agencies. We will not sell your data or use it for marketing purposes without your consent.

We will keep your data until your child is 26 years old unless you request otherwise.

You have the following rights under the GDPR. Please note not all of these rights apply to all processing. Further details on each right can be found on our website: **www.rutland.gov.uk**

- The right to be informed.
- The right of access.
- The right to rectification
- The right to erasure
- The right to restrict processing
- The right to data portability
- The right to object
- Rights related to automated decision making, including profiling

If you are not happy with the way the council is handling your personal information you have the right to lodge a complaint with the Information Commissioner's Office.

If you are happy for Rutland Parent Carer Voice and/or Rutland County Council to provide you with information regarding other services, please tick the consent box on the application form opposite.

Jargon Buster

ADHD – Attention Deficit Hyperactivity Disorder.

ASD – Autistic Spectrum Disorder.

Aiming High Register - A secure database which captures information about all children and young people aged 0-25 years with special educational needs and disabilities and then provide them with information and access to appropriate services and support.

Family Hub - the name for all services for children and families, aged 0 – 19 (25 for SEND) including those on permanent sites and in outreach venues

GDPR – General Data Protection Regulation – Information about how we use your data.

Local Offer - Information about services that are available for children and young people (aged 0-25) with special education needs and disabilities.

Out of Hours Club Rutland (OHCR) - Group of young adults with special educational needs and disabilities who regularly meet to socialise.

Rutland Disabled Youth Forum (RDYF) – Group giving young people with special educational needs and disabilities a voice about services, facilities and accessibility in Rutland.

RIS (Rutland Information Service) - An online directory of local services for adults, children and families.

RPCV (Rutland Parent Carer Voice) - A group of dedicated parents and carers of children aged from 0-25 with a disability or special educational need who provide mutual support, exchange information, and influence policy and practice.

RRFSC (Rutland Rotaract Family Support Centre) – Charitable organisation supporting families in Rutland.

SEND – Special Educational Needs and/or Disabilities.

SENDIASS – Provides free confidential and impartial information, advice and support to parents and young people.

Short Break – A chance for children and young people with SEND to do fun and different activities and give their parent/carers a break too.

Sunflowers – Support group for families with young children with special educational needs and disabilities.

Universal Services - These are services, activities and places available to all children and young people.

Contact Details

Aiming High
Rutland County Council
Catmose House
Catmos Street
Oakham
Rutland
LE15 6HP

aiminghigh@rutland.gov.uk
01572 758390



Consent for Inclusion on the Aiming High Register

Your name:

Your child's name:

Child's date of birth:

Address:

☐ I am happy to receive Aiming High news and other relevant information via email

Your email address:

Contact telephone Number:

Name given to special educational need or disability (if known):

Do you consider this to be:

Mild / Moderate / Severe

Are you in receipt of Disability Living Allowance or PIP?

YES / NO

If **YES**,

please state the level of the care component: **Higher level / Medium level**

Please write below any relevant additional information about your child you would like to provide:

Is your child receiving SEN support at school?

YES / NO

Does your child have an EHC Plan?

YES / NO

Name of current playgroup/nursery/school/college:

- ☐ I am happy with the data protection statement on page 28
- ☐ I am happy for my details to be shared with Rutland Parent Carer Voice
- ☐ I would like to be kept informed about other Council services

Signature (Parent/carer with legal responsibility):

Date:

Once complete please return to: The Aiming High Team, Rutland County Council, Catmose House, Catmos Street, Oakham, Rutland LE15 6HP

Last updated April 2023



Aiming High, Rutland County Council, Catmose House, Catmos Street, Oakham, Rutland LE15 6HP

www.rutland.gov.uk

 [@RutlandCouncil](https://twitter.com/RutlandCouncil)

 [@RutlandCountyCouncil](https://www.facebook.com/RutlandCountyCouncil)