


# INDEPENDENT ADVOCACY SERVICE

**FREEPHONE**  
0800  
0129112

## WHAT IS ADVOCACY?



Advocacy is about getting help to have your say and making sure that adults are listening to you.

## WHO IS IT FOR?

Our service is for any children and young people who are in care and looked after and care leavers.

WE CAN  
**HELP**  
YOU TO...

- \* Make sure that your voice is being heard
- \* Know your rights
- \* Get answers to your questions
- \* Make your own choices
- \* Ask for the things you need in life
- \* Make a complaint

## OUR PROMISE TO YOU

We will not judge you or tell you that you're wrong for what you think. Our mission is to treat you fairly and equally and get your voice heard.

CONTACT US:



**CONFIDENTIAL**

You can tell us anything you want and we can keep it private between us. The only time we have to tell someone else is if it is dangerous and means that you (or someone you know) will be unsafe or get hurt.



Rutland  
County Council