



ASD Resources Library



Within this catalogue you will find all the equipment we loan out to families. The idea is you can try what we have to see if it works for your family, if it does you can then purchase your own and return the loan item to Aiming High.

If you have an enquiries please contact Aiming High:

Email: Aiminghigh@Rutland.gov.uk

Tel: 01572 722577

Bubble Tube



The bubble tube illuminates a dark or sensory room with coloured lights that are embedded into the base. This is accompanied by bubbles that rise from the base. As well as fish that swim up and down the tube.

The bubble tube comes with a mains plug and plastic fish for the tube itself.

Dark Den



The Dark den is the perfect place for children to go to have some quiet time and to stimulate senses.

It comes with a carry bag and instruction manual.

Dark Den Accessories



Light up and glow in the dark accessories to accompany the dark den.

We have various items so they might not be exactly the same as the picture.

Lava Lamp



The Lava Lamp offers a range of relaxing and calming colours to help stimulate and entertain children of any age.

Super soft Throw Blanket



The super soft throw blanket provides children of all ages with a comfortable and enjoyable experience. Whether they are relaxing or trying to chill out. The super soft throw blanket has your covered.

Sensory Ooze Tube Set



The Ooze Tube Set allows for children of all ages to stimulate senses as they watch the liquid ooze to the bottom of the timer. The Sensory Ooze Tube Set comes in three different colours (Pink, Green and blue)

The timer takes approximately 10 minute for all the liquid to ooze to the bottom of the timer.

The box includes:

3 x Sensory Ooze Tube (Pink, Green and blue)

Instruction Manual

Fidget Box



Fidget Boxes offer a fabulous range of tactile and sensory toys. Each Fidget Box consists of a large lidded box with a fun selection of tactile eye-catching toys that are ready to 'Grab & Go'... opening opportunities for communication, discussion & interaction... and ready to take anywhere with you... car journeys, visit friends, outings, shopping. These kits are supplied in a large lidded box ready to be taken anywhere with you - car journeys, visiting friends, outings, shopping
Boxes contain different so might not be the same as in the picture.

Tomy Light



A star-shaped dreamshow that projects magical, dream-time characters, stars and moons onto the ceiling. Starlight Dreamshow plays three soothing lullabies to gently send children to sleep. Starlight Dreamshow makes every bedtime a magical experience. Projects a brightly coloured lightshow on walls and ceilings to relax and lull your baby to sleep. It has adjustable timer for 5 or 10 minute play.

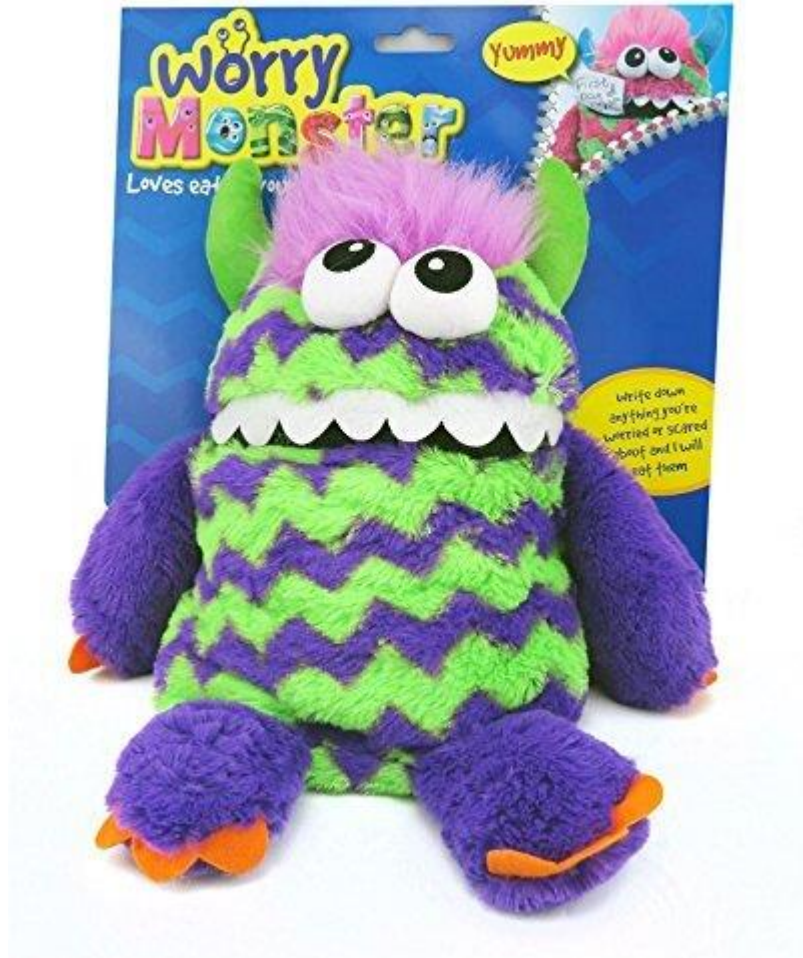
Noise Cancelling Headphones



Ear Defenders for children with Autism and Sensory Processing issues who are sensitive to noise and certain sounds.

Ear muffs are great also for blocking out sounds (such as vacuum cleaners & hand dryers) or when your child gets over stimulated. The ear defenders are fully adjustable and will fit almost any size head from a small child to an adult.

Worry Monsters



Meet the worry monster who will save your child from their worry's. When night falls, it's time for dreams. Nice, funny, sad or exciting dreams are fine, but being woken by a horrible nightmare is really upsetting. Fortunately for children, there are the Worry Eaters! Every night and every day they turn fears, worries or bad moods into nice stories to enjoy together or alone. Worry monster loves to eat worries - they are his favorite meal! Yum yum. Just make sure you take him with you wherever you go. The worry monster's motto is 'We eat your worries'. They are recommended by psychologists and teachers to act as a waste bin for the fears, troubles and woes that they don't always tell their parents about.

Weighted Blanket



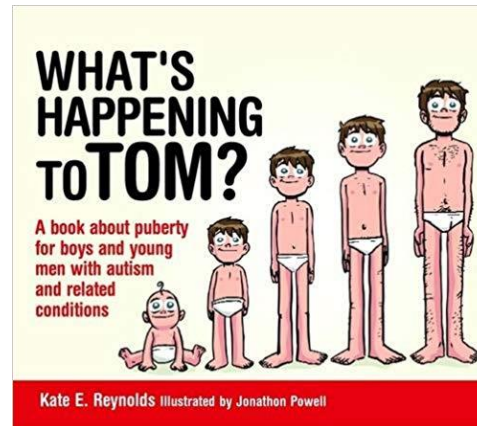
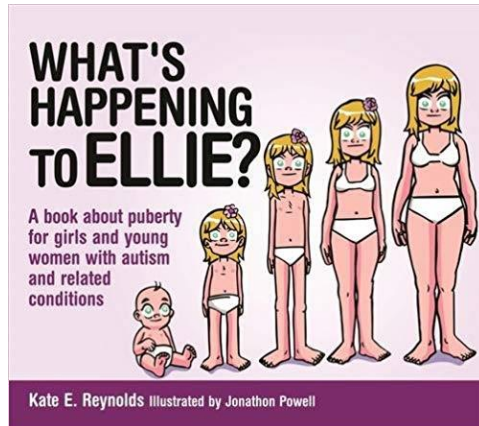
The weighted blanket has been shown to increase serotonin and melatonin, the hormones responsible for calming relaxation, while decreasing cortisol, the hormone responsible for stress. This natural, physiological approach decreases heart rate, blood pressure, and more, improving mood and promoting restful sleep and relaxation.

Worry Plaque



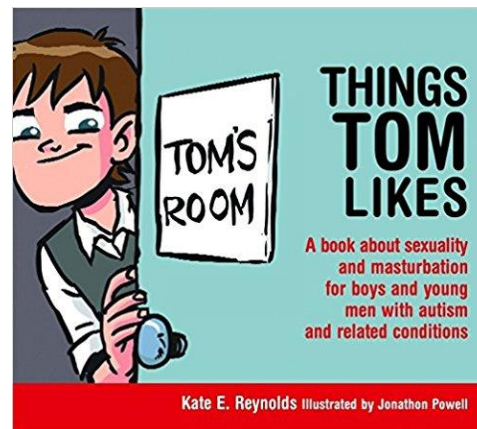
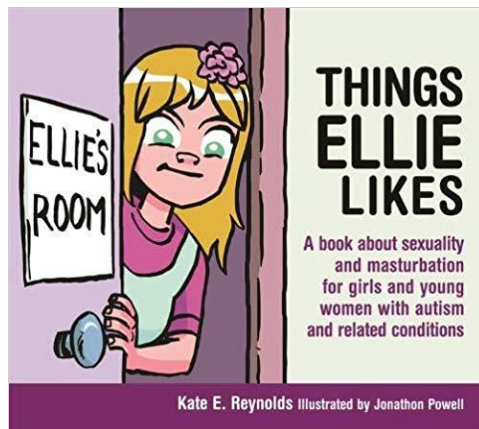
Give your worries to the fairies with this interactive Worry Plaque! Fairy magic can take your worries from you with just one touch, leaving you worry-free. The plaque glows red when you place your hand on it and think of your worry. When the fairies have heard it, the plaque glows green, signifying your worries have transferred to the fairies successfully. Did you know fairies use human worries to grant wishes? The energy in worries is ground down to make perfect wish-granting dust! Also includes access to a collection of positive video affirmations from our human fairy, available for free on our website. Simply select the kind of worry you've given away, and watch Fairy Clodagh reassure you that your worry has been heard and all is well

Books about Puberty for Young People with ASD



What's Happening to Ellie / Tom

Following Ellie / Tom as they begin to notice changes to their bodies, this simple resource helps parents and carers teach young people with autism or other special needs about puberty. It covers all the changes that they will experience, both emotional such as new feelings and physical such as periods and wet dreams. This fully illustrated positive and entertaining book provides the perfect opportunity.



Things Ellie / Tom Like

This accessible and positive resource helps parents and carers teach girls and boys with autism or other special needs about masturbation. It covers when and where it is appropriate and helps to establish boundaries surrounding privacy more generally. With simple but explicit illustrations, this book provides the perfect platform to talk about sexuality with young people with autism or special needs.