

ADHD Solutions support group



Support group for parent/carers with a child with ADHD
(suspected or diagnosed)

Come along for advice and support from Jess Holland
(ADHD expert) and to meet with other parent/carers.

Second Wednesday of every month

11-12.30am

Free of charge – including refreshments

The Lord Nelson
The Market Place
Oakham
LE15 6DT

