



22 November 2018

FREEDOM OF INFORMATION REQUEST – 1445/18

Dear Sir/Madam

Your request for information has now been considered and the information requested is provided below.

Request & Response:

We are aiming to get a national overview of the work local authorities are doing to make links between Relationships and Sex Education (RSE) in schools and local sexual health and contraception provision also known as sexual and reproductive health services (SRH services) for young people.

We are considering this in the context of:

- legislation which makes RSE mandatory in all schools from 2020
- widely publicised cuts to local authority budgets.

We will not be focusing on shortfalls in provision in specific areas, rather we hope to create a snapshot of the national picture and promote examples of good practice.

We will be asking about services the Local Authority (hereafter referred to as the LA) provides or commissions. By 'provides or commissions', we mean services that are either provided directly by the LA, or by a secondary provider but paid for by the LA.

For the purposes of this FOI young people refers to young people under 19.

Local Authority provision of Relationships and Sex Education (RSE) services.

1. Please confirm or deny if the LA provides the following services in secondary schools (for 14-16 years olds) to meet the needs of young people.

If the LA does provide the service please confirm which types of schools the LA provides them in (e.g. LA maintained, academies and free schools, independent schools, special schools, alternative provision/pupil referral units).

- a) Specialist RSE training for teachers and other practitioners

Answer:

Yes, state schools in Rutland are offered RSE training which is part of the Leicestershire Healthy Schools training programme This will be widened to include independent schools We also offer the FPA Speak Easy training for foster carers / residential care home staff

- b) School nurses to deliver RSE



Answer:

School nurses do not directly deliver RSE to Children and young people. We follow the Sex Education Forum's checklist: 'School Nurses supporting good quality SRE
Ref: DOH (2016) Health Visiting and School Nurse Programme: Supporting implementation of the new service offer: Developing strong relationships and supporting positive sexual health

- c) Specialist training in delivering RSE for school nurses

Answer:

The comprehensive RSE training programme for school staff is also open to School nurses, community practitioners

- d) Funding for external visitors (e.g. from sexual and reproductive health services) to contribute to RSE in local schools RSE curriculum guidance, resources or lesson plans

Answer:

This is part of the Contract for the Integrated SH service

- e) Healthy Schools scheme or equivalent, including RSE

Answer:

There is no Healthy Schools Programme in Rutland but Rutland Schools are able to access the Leicestershire Healthy Schools RSE training

- f) Information/publicity materials about local sexual health services

Answer:

Information/publicity materials about local sexual health services – are made available in schools

- g) Support/training for governors

Answer:

The comprehensive RSE training programme is open to school governors

- h) Other (please detail)

Answer:

Community practitioner, youth workers, LAC nurses, YOS staff, Post 16 staff, alternative education settings

2. Please confirm the amount of money spent by the LA on RSE-related activities (e.g. training, provision of resources, paying for external visitors, providing curriculum support) in all secondary schools in the following financial years:

- a) 2016-17
- b) 2017-18
- c) 2018-19

Answer:

Rutland County Council do not have a separate budget for this. Some support is given and included in school sessions provided by our young peoples health and wellbeing development officer and other staff

3. Please confirm or deny if the LA has plans in place to increase spending in the next financial year for RSE-related activities, to support schools to prepare for the introduction of mandatory RSE in 2020.

LA provision of young people's sexual and reproductive health (SRH) services – i.e. those providing GUM/STI services and/or contraception)

Answer:

Schools will be given access to the Leicestershire RSE training to prepare for mandatory RSE, but will need to contribute a small fee as we have no separate budget for this.

4. Please confirm or deny if the LA commissions or provides the following services to meet the needs of young people:

a) School-based or school nurse delivered SRH services (please specify which of these is provided: condoms, emergency hormonal contraception, chlamydia testing, hormonal contraception, LARC methods of contraception)

Answer:

The Leicester, Leicestershire and Rutland Integrated Sexual Health Service (ISHS) deliver sessional clinics for young people from 4 college sites across LLR. The clinics provide condoms, emergency hormonal contraception, chlamydia testing and Implant services. In addition, the ISHS manages a c-card condom provision scheme which operates from a range of sites, including a number of schools and colleges. School nurses also run school based clinics in secondary schools

b) Specialist training on young people and sexual and reproductive health for professionals in primary care

Answer:

The Leicester, Leicestershire and Rutland Integrated Sexual Health Service (ISHS) delivers training to a wide range of practitioners, including primary care professionals. The training includes working with young people and sexual and reproductive health

c) Specialist young people's sexual health services

Answer:

The Leicester, Leicestershire and Rutland Integrated Sexual Health Service (ISHS) deliver a range of clinics that are specifically for young people. This includes sessional clinics, specific clinic slots within the main hub clinics, c-card scheme. Provision of self-sampling chlamydia tests accessed online.

d) You're Welcome (or similar young people friendly) accreditation scheme for local services

Answer:

The Leicester, Leicestershire and Rutland Integrated Sexual Health Service (ISHS) young people's services are required to comply with You're Welcome criteria where practicable. However there is no local accreditation scheme in operation.

e) Specialist young people support within all age integrated sexual health clinics

Answer:

The Leicester, Leicestershire and Rutland Integrated Sexual Health Service (ISHS) deliver a range of clinics that are specifically for young people. This includes sessional clinics, specific clinic slots within the main hub clinics.

- f) Sexual health outreach/popup clinics/clinic in a box in non-clinical settings

Answer:

The Leicester, Leicestershire and Rutland Integrated Sexual Health Service (ISHS) and school nurses deliver clinical outreach sessions for young people from a range of sites

- g) C-Card scheme or other free condom distribution schemes

Answer:

The Leicester, Leicestershire and Rutland Integrated Sexual Health Service (ISHS) deliver a C-Card free condom distribution scheme for under 25s.

- h) Pharmacy provision of emergency hormonal contraception

Answer:

Rutland County Council commissions a community based service for the provision of free emergency hormonal contraception to under 25s from Pharmacies

- i) Chlamydia screening programmes

Answer:

Rutland County Council commissions the Leicester, Leicestershire and Rutland Integrated Sexual Health Service (ISHS) to deliver chlamydia screening for 15-24 year olds via provision of self-sampling test kits accessed online.

- j) Additional LGBT+ specific young people's services

Answer:

Rutland County Council commissions the Leicestershire & Rutland sexual health promotion and HIV prevention services for men who have sex with men (MSM).

- k) Other (please specify)

Answer:

N/A

5. Please confirm the number of contacts for sexual health or contraception needs made by young people under 19 in the financial years 2016/17 and 2017/18 in the following settings:

- a) Community Sexual and Reproductive Health services (i.e. not general practice)

Answer:

The data for activity at the Leicester, Leicestershire and Rutland Integrated Sexual Health Service (ISHS) is not available by financial year. It is reported by contract year which is calendar year. For Rutland residents, in 2016 there were 0 contacts by u19s attending the young people specific services. In 2017 there were 4 under 19 contacts attending the young people specific services. The age break down is not reported as under 19s in the

main ISHS clinics. In 2016 there were 237 under 25s seen in the main clinics and in 2017 there were 284 under 25s seen in the main clinics.

b) General practice

Answer:

Rutland County Council does not hold any data relating to number of contacts attending General Practice for contraceptive purposes. Rutland County Council receives data of the number of intrauterine device fits and the number of subdermal implant fits and removals for claims purposes but this is not available by age band and does not directly correspond to the number of contacts.

6. Please confirm or deny that you fund specialist young people's sexual health and contraception services (e.g. standalone sexual health clinics, sexual health outreach in youth settings, and sexual health services in schools). If you do fund these services please confirm the budget for the following years:

- a) 2015-16
- b) 2016-17
- c) 2017-18
- d) 2018-19

Answer:

Rutland County Council does not separately fund specialist young people's sexual health and contraception services as this is part of a wider integrated sexual health service provision. It is therefore not possible to provide the information requested

Integrating RSE and sexual health services

7. Please confirm or deny if your LA communicates with schools to:

- a) Provide updates about changes to local sexual health services

Answer:

Yes

- b) Inform them of local sexual health priorities and concerns that need to be addressed in RSE.

Answer:

Yes

8. Please confirm or deny if the LA's contracts with Sexual and Reproductive Health services include a requirement to promote services for young people under 19 through:

- a) Schools
- b) Other routes (for example public awareness campaigns)

Answer:

Rutland County Council contract with the Leicester, Leicestershire and Rutland Integrated Sexual Health Service (ISHS) requires the service to provide a well-publicised service with a strong corporate brand for all ages. Participation in sexual health promotion activities in partnership with others to develop effective links with local schools, colleges and young people's settings is also required.

9. Please confirm or deny if the LA experienced any of the following barriers when developing links between RSE and young people's sexual health services?

a) Budgetary issues

Answer:

No

b) Fragmentation of service provision

Answer:

No

c) Changes in school governance (e.g. academisation)

Answer:

No

d) Resistance from senior leadership in schools y

Answer:

Yes, there has been consistent resistance from one of the secondary schools

e) Other (please detail)

Answer:

N/A

10. Please confirm or deny if the LA uses the following routes to ensure visibility and awareness in schools of local sexual health services for young people

a) Provision of information about services for schools to use within the RSE curriculum

Answer:

Yes

b) Publicity of services to be displayed in schools

Answer:

Yes

c) LA website which includes sexual health information for young people

Answer:

No

d) Information available in pharmacies

Answer:

Yes

e) Via youth services/clubs

Answer:
Yes

f) Advertising (e.g. posters, leaflets etc.)

Answer:
Yes

g) Online advertising (including social media)

Answer:
No

h) Other (please detail)

Answer:
N/A

If you are dissatisfied with the handling of your request please contact the Data Protection Officer, Rutland County Council, Catmose, Oakham, Rutland LE15 6HP
You can also complain to the Information Commissioner at:

The Information Commissioner's Office
Wycliffe House, Water lane
Wilmslow, Cheshire
SK9 5AF
Tel: 01625 545700

Yours faithfully

FOI Administrator
Business Support Team
Rutland County Council