



17 September 2018

FREEDOM OF INFORMATION REQUEST – 1105/18

Dear Sir/Madam

Your request for information has now been considered and the information requested is provided below.

Request / Response:

I am trying to map provision of Public health services across the Midlands and East region and align to the STP. Would you be so kind as to send me information on service provision in Public Health. I am looking at Smoking cessation and Frailty/ falls in older people.

Smoking Cessation

1. Can you tell me the name of the commissioning lead for smoking cessation in Public Health and their email address (if possible?)

Answer: Name: Trish Crowson  
Email: [Trish.crowson@leics.gov.uk](mailto:Trish.crowson@leics.gov.uk)

2. Can you tell me whether you provide a smoking cessation service in 2017/18, and if so, is it funded from public Health grant in the Local Authority. Currently is the plan to have a Smoking cessation service in place in 2018/19, 2019/20 and 2020/21.

Answer: A smoking cessation service is commissioned and funded from the Public Health Grant and anticipated to be in place in 2020/21.

3. Can you tell me whether there are any other funding contributions to this service, in part or wholly, from other commissioners such as the CCG.

Answer: There are no other funding contributions to this service.

4. Can you please tell me the name of your current smoking cessation provider?

Answer: Rutland Community Wellbeing Service – provided by Rutland Access Partnership.

5. Can you please describe your smoking cessation service, including details on:

a. How people are referred: does this include self-referral? Do trusts refer into the service, or is it mostly GPs.

Answer: This includes self-referral, and via primary care and other health and social care practitioners. See below for a description of service:  
<https://www.rutlandwellbeing.org.uk/wellbeing-services/quit-smoking>

b. Is this a universal or a targeted service. What is the eligibility criteria to use this service. What exclusion criteria do you have?

Answer: The service is universal.

c. Does this service work from a hub/ call centre?

Answer: The service works from a hub.

d. Is this service supported by on line provision. If so what is the link.

Answer: Please see link below:

<https://www.rutlandwellbeing.org.uk/wellbeing-services/quit-smoking>

e. Does this service have a 1:1 support option available – if so, what grade and job role provides the 1:1. Is the 1:1 restricted to a certain type of smoker e.g. pregnancy.

Answer: There is one to one support available. The service provider holds information on the grade and job role (please refer to Q5d).

f. Do you provide NRT at all? If so what NRT do you provide, is this provided based on a eligibility criteria? Who pays for this e.g. the PH budget, CCG budget or another organisation else.

Answer: NRT is provided – for further information contact the provider (please refer to Q5d).

g. What is your current 4 week quit numbers and rate for 2016/17 and 2017/2018

Answer: This is publically available data from NHS Digital:

<https://digital.nhs.uk/data-and-information/publications/statistical/statistics-on-smoking/statistics-on-smoking-england-2018/content>

h. What is the current budget for smoking cessation.

Answer Smoking Cessation support is currently part of a wellbeing service.  
The amount the service currently allocates to this service £17254 plus NRT costs.

i. Have you embedded smoking cessation in a work place offer? If so can you please describe what the offer is. Do you provide into work places as personnel or do you provide guidance for workplaces. Is this guidance to help staff quit smoking? Or something else. Do you have any information on this such as a web link.

Answer: We have yet to develop a workplace health offer.

j. Do you work with any acute respiratory pathways or actively work with people recovering from COPD, or any other respiratory condition. If so, can you please describe the links you have with your secondary care providers.

Answer: for further information contact the provider.

k. Do you work with you STP to embed smoking cessation, please describe what has been achieved.

Answer: Making Every Contact Count is part of the prevention pathway and this includes raising the issue and referral to smoking cessation support.

### Frailty and Falls Prevention -

1. Can you tell me the name of the commissioning lead for any service provision for frailty prevention or the reduce falls in Public Health or adult social and their email address (if possible?)

Answer: It is difficult to talk about a 'frailty provider' or frailty prevention. The idea of frailty captures the greater vulnerability or reduced resilience of some individuals in the community, arising from their overall state of health, circumstances and/or health conditions. Awareness of the presence of frailty is then used to adjust how a wide range of services are shaped for that subset of individuals. As falls prevention can more easily be ringfenced as a specific service area, the answers here focus on this element of the question.

Under the STP, the Falls Programme Manager for Leicester, Leicestershire and Rutland is Mark Dewick: [Mark.Dewick@leics.gov.uk](mailto:Mark.Dewick@leics.gov.uk)

2. Can you tell me whether you provide frailty support or falls reduction funding from public Health grant in the Local authority in 2017/18 and whether one will be in place in 2018/19, 2019/20 and 2020/21.

Answer: The Council does not specifically fund falls reduction under the Public Health grant, although some activities supported may have a positive impact on those who are frail or at greater risk of falling e.g. exercise on referral.

3. Can you tell me whether there are any other funding contributions from other commissioners such as the CCG.

Answer: A number of local services contribute to falls prevention. There is funding from CCGs for falls prevention postural stability programmes. In addition falls rapid assessment and therapy services that would cover Rutland residents are delivered by Leicestershire Partnership Trust. Falls risk assessments may also be undertaken in people's homes by Local Authority occupational therapy staff. Physical activity for falls prevention is provided by the Local authority through Active Rutland.

4. Can you please tell me the name of your current frailty/ falls reduction provider? does this provider provide falls and frailty support as part of a wider contract, if so what is the main function of that contract.

Answer: As above – there is no single specific frailty falls reduction provider. Rutland’s Public Health service does not specifically fund a falls reduction provider. However, it does fund a range of Active Rutland programmes. Active Rutland is part of the Local Authority and offers physical activity which can help to prevent falls.

5. Can you please describe your frailty/ falls reduction service, including details on:

a. How people are referred: does this include self-referral? Do trusts refer into the service, or is it mostly GPs.

Answer: For the services listed above, people can self-refer or can be referred by a health or care professional or voluntary organisation.

b. Do you work with LA or private care homes at all, if so in what capacity?

Answer: Public Health do not work directly with care homes on falls reduction. However, the Adult Social Care Service of the Local Authority does work proactively with care homes on falls risk assessment and prevention which addresses individuals in care settings, their assistive equipment and the physical environment. Active Rutland has supported a range of exercise classes at participating care homes to support strength and balance.

c. How many people have used this service in 2016/17 and 2017/18, what outcomes has the service achieved. How many people are you planning on using the service in 2018/19 and 2019/20

Answer: We do not hold statistics that are specific enough to answer the above question. The FaME Programme and Steady Steps programmes are being evaluated. However, we can confirm that the Local Authority has undertaken work over the last year with all Rutland’s care homes on falls risk management and prevention.

d. What is the current budget for frailty prevention/ fall reduction.

Answer: As described above, only a limited budget is dedicated *exclusively* to falls reduction by Public Health, although other activities that they fund would deliver falls prevention among their benefits. A Steady Steps falls prevention exercise course commissioned from Active Rutland was initially funded from several sources (when run as FaME), but has more recently been funded by the STP Falls Prevention programme highlighted below. Overall, we estimate that £6.6k has been spent on Steady Steps to date. We do not hold details of the funding dedicated to LPT falls prevention services. Local Authority falls prevention activity is a subset of wider care activity and not specifically identified.

e. Do you work with any acute geriatric pathway or actively work with people recovering from falls. If so, can you please describe the links you have with your secondary care providers.

Answer: The Adult Social Care Service rather than Public Health works

actively with people recovering from falls, for example where they have been discharged from hospital and may need physical reablement, equipment or housing adaptations to fully recover and prevent recurrence. These teams would be working closely with other involved care providers, as determined on a case by case basis.

f. Do you work with your STP to embed falls reduction, please describe what has been achieved?

Answer: Falls prevention is part of the Leicester, Leicestershire and Rutland STP programme that is the responsibility of the Integrated Teams Board. This work has resulted in:

- accelerated referral for people at risk of falling (reducing the need for individuals to wait to see a consultant if the issues are largely strength and balance based),
- the expansion of a falls prevention postural stability programme, improved falls risk testing using an electronic up and go test tool (the QTUG)
- development of an eFRAT risk assessment and referral tool which is used by ambulance crews where an individual has fallen without injury but would benefit from local follow up to prevent recurrence.

If you are dissatisfied with the handling of your request please contact the Head of Corporate Governance, Rutland County Council, Catmose, Oakham, Rutland LE15 6HP

You can also complain to the Information Commissioner at:

The Information Commissioner's Office  
Wycliffe House, Water lane  
Wilmslow, Cheshire  
SK9 5AF  
Tel: 01625 545700

Yours faithfully

FOI Administrator  
Business Support Team  
Rutland County Council