FREEDOM OF INFORMATION REQUEST – 920/17

Dear Sir/Madam

Your request for information has now been considered and the information requested is provided below.

Request:

For the financial year 2015/16, please list methods for assessing the efficacy of the following non-statutory public health functions of the Director of Public Health, including cost-effectiveness, for each of:

- Smoking and tobacco – Stop smoking services and interventions
- Physical activity – adults
- Obesity – adults
- Alcohol misuse

Efficacy trials (explanatory trials) determine whether an intervention produces the expected result under ideal circumstances. Effectiveness trials (pragmatic trials) measure the degree of beneficial effect under “real world” clinical settings. As such, we rarely undertake efficacy trials.

In terms of Physical activity, we are reliant largely on the nationally published and well established evidence on cost effectiveness of evidence based interventions (for example NICE guidance reviews and examples given below) rather than locally undertaken work for this purpose.


Each of these should specify:

1. Smoking and tobacco – (Stop smoking services and interventions) – net expenditure by the local authority on public health interventions whose intention is to reduce or stop smoking. As part of this, please list:
   a. Net current expenditure on the intervention?
      Answer: 2015/16 expenditure on smoking cessation Service and prescribing costs = £63,512.
   b. Number of people who accessed the services?
      Answer: 2015/16 = 364. Though not all will have set a quit date.
   c. Number of people who reduced their smoking:
      Answer: Rutland County Council does not hold this information.
   d. Number of people who stopped smoking as a result of the intervention:
      Answer: The number of 4 week quits in 15/16 was 188.

2. Physical activity – (adults) – net expenditure by the local authority on public health interventions whose intention is to lead to the taking up of sport/physical activity on a regular basis:

   Answer: Note: Public Health funding is predominantly focussed on reducing inactivity and increasing physical activity rather than “taking up sport on a regular basis” and is therefore not included in the figures below.

   The local authority has a number of interventions that are designed to lead to people becoming more physically active. This may include taking up sport but we are unable to separate this

As part of this, please list:

   a. Net current expenditure on the intervention?
      Answer: 2015/16 expenditure on a range of physical activity programmes £47,728
b. Number of people who accessed the services and the number of people who took up sport/physical activity on a regular basis as a result of the intervention

Answer: Data from Leicester-shire Rutland Sport (LRS) Annual review 2015-16:

- £923,576 Public Health invested into Leicestershire & Rutland locality sport and physical activity plans, generating 355,953 attendances.
- 117 people signed up to and recorded activities during the 8 week Workplace Challenge Activity Log in Rutland.
- 314 participants in the Rutland Exercise Referral scheme

3. Obesity – (adults) – net expenditure by the local authority on public health interventions whose intention is to lead to weight loss. As part of this, please list

- Net current expenditure on the intervention £0
- Number of people who accessed the services
- Number of people who have lost weight as a result of the intervention

Answer: No specialist service commissioned- brief interventions and signposting by Active Rutland team see above. The net current expenditure on the intervention is £0.

4. Alcohol misuse – (adults) – net expenditure by the local authority on public health interventions whose intention is to diminish alcohol consumption. As part of this, please list:

a. Net current expenditure on the intervention?

Answer: 2015-16 = £48,894 on specialist service, Community Based Services (GP, Pharmacy etc) = £5,602.

b. Number of people who accessed the services Specialist service?

Answer: 2015/16 number in treatment for alcohol alone = 27.

c. Number of people who accessed a Community Based Services alcohol screening?

Answer: 2025

d. Number of people who have reduced their alcohol intake as a result of the intervention?

Answer: Reduction in drinking levels not held by Rutland County Council. Data for Integrated Treatment Service + In-patient Detox service – data available from PHE. Local data/statistics from NDTMS/DOMES are restricted statistics. CBS Alcohol Brief Interventions – not collected.
5. Please also list the metric used to determine cost-effectiveness for each of the above four interventions. If a cost-effectiveness metric is not used, please list any alternative methods for each of the above four interventions.

Answer: We are largely reliant on nationally published and well established evidence on cost effectiveness of evidence based interventions (for example NICE guidance reviews) rather than locally undertaken work for this purpose.

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The Information Commissioner's Office
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Yours faithfully

FOI Administrator
Corporate Support Team, Rutland County Council